

## Restorative Strategies-Trained Volunteer Opportunity

The Dubuque Community YMCA/YWCA seeks community volunteers interested in learning about Restorative Strategies to help youth in our community learn skills that will help foster self-worth, justice, equality, and confidence. Empowering youth with Restorative Strategies will help them become more aware and accepting of differences, more capable of showing empathy, and better able to connect with peers and authority figures. Through Restorative Strategies, youth will develop conflict-resolution skills, learn how to develop healthy relationships, and will learn communication skills.

The Y's Restorative Strategies program will help improve the social-emotional well-being of engaged youth and will help reduce anger, disrespect, disassociation, bullying, truancy, and violence.

Volunteers will commit to attending two, 8-hour day trainings, held on Saturday, September 24, and Sunday, September 25, and will donate at least 4 hours a month at a Dubuque Community YMCA/YWCA Before/After School Site working with site staff and youth for the months of September, October, November, and December for a total commitment of at least 16 volunteer hours.

This program and the training provide by national trainer, Sandra Pavelka, Ph.D., is made possible through the generous support of the Dubuque Racing Association and through a 2016 DRA Grant.

Space in this program is limited. If you are interested in receiving training in the practice of Restorative Strategies and volunteering in area schools as a Restorative Strategies-Trained Volunteer, please complete the enclosed application and background check. All applications are due by Wednesday, September 14, at midnight by email to [dcyinfo@dubuquey.org](mailto:dcyinfo@dubuquey.org) to be considered for the program. All applicants will be notified of the outcome of their application on Friday, September 16.

If you have questions regarding the program and volunteer expectations please feel to contact Sharon Covey, President/CEO, at [scovey@dubuquey.org](mailto:scovey@dubuquey.org) or at 563-556-3371.



# Restorative Strategies - Trained Volunteer Application

## Personal Information

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_ Evening Phone \_\_\_\_\_

Email Address \_\_\_\_\_ Date of Birth \_\_\_\_\_

Interests/Hobbies \_\_\_\_\_

Emergency Contact \_\_\_\_\_ Relationship \_\_\_\_\_ Phone \_\_\_\_\_

Highest Level of Education Obtained \_\_\_\_\_

Are you fluent in another Language?  Yes  No

If so, which language(s)? \_\_\_\_\_

Have you ever been arrested?  Yes  No

If yes, please explain \_\_\_\_\_

## Employer Information

Employer \_\_\_\_\_ Current Position/Title \_\_\_\_\_

## Work/Volunteer Experience Information

Organization \_\_\_\_\_ Role within Organization \_\_\_\_\_

Time spent with Organization \_\_\_\_\_

Responsibilities/Tasks within Organization \_\_\_\_\_

Organization \_\_\_\_\_ Role within Organization \_\_\_\_\_

Time spent with Organization \_\_\_\_\_

Responsibilities/Tasks within Organization \_\_\_\_\_

Organization \_\_\_\_\_ Role within Organization \_\_\_\_\_

Time spent with Organization \_\_\_\_\_

Responsibilities/Tasks within Organization \_\_\_\_\_

**Personal Essay**

In a brief paragraph or two please share why you want to become a Restorative Strategies-Trained Volunteer and what about this program interests you.

**Other Information**

In the space below please feel free to include additional information you would like to share with the review panel.