

Gym - East - SPRING/SUMMER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-7:00 AM Adult Basketball	5:00-7:00 AM Adult Basketball	5:00-7:00 AM Adult Basketball	5:00-7:00 AM Adult Basketball	5:00-7:00 AM Adult Basketball	6:00-7:30 AM Open	9:00 AM-Close Open
7:00-5:00 PM Open	7:00-4:30 PM Open	7:00-5:00 PM Open	7:00-4:30 PM Open	7:00-Close Open	7:30-11:45AM Youth Programs	
5:00-7:30 PM Youth Programs	4:30-7:30 PM Adult Basketball	5:00-7:30 PM Programs	4:30-7:30 PM Adult Basketball		11:45-2:30 PM High School/ Adult Basketball	
7:30 PM-Close Open	7:30 PM-Close Open	7:30 PM-Close Open	7:30 PM-Close Open		2:30 PM-Close Open	

Gym - West - SPRING/SUMMER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-7:00 AM Adult	5:00-7:00 AM Adult	5:00-7:00 AM Adult	5:00-7:00 AM Adult	5:00-7:00 AM Adult	6:00-8:00 AM Open	9:00 AM-Close Open
7:00-5:00 PM Child Care	7:00-4:30 PM Child Care	7:00-5:00 PM Child Care	7:00-4:30 PM Child Care	7:00 AM-Close Child Care	8:00-11:45AM Youth Programs	
5:00-7:30 PM Youth Programs	4:30-7:30 PM Adult Basketball	5:00-7:30 PM Youth Programs	4:00-7:30 PM Adult Basketball		11:45-2:30 PM High School/ Adult Basketball	
7:30 PM-Close Open	7:30 PM-Close Open	7:30 PM-Close Open	7:30 PM-Close Open		2:30 PM-Close Open	

Gym availability subject to change due to weather/other circumstances. Dubuque Y Programs will have priority over gym space.

Large Pool – SPRING/SUMMER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00–7:45 AM Adult Swim	5:00–8:30 AM Adult Swim	5:00–8:00 AM Adult Swim	5:00–8:30 AM Adult Swim	5:00–8:00 AM Adult Swim	6:00–8:15 AM Adult Swim	9:00–11:00 AM Adult Swim
7:45–9:30 AM Programs Exercise Lanes	8:00–9:30 AM Adult Swim Exercise Lanes	8:00–11:00 AM Programs Exercise Lanes	8:30–9:30 AM Programs Exercise Lanes	8:00–11:00 AM Programs Exercise Lanes	8:15–12:30 PM Programs Exercise Lanes	11:00 AM–Close Open
9:30–11:00 AM Programs Exercise Lanes	9:30–10:00 AM Programs Exercise Lanes	11:00–1:30 PM Adult Swim Exercise Lanes	9:30–11:00 AM Programs Exercise Lanes	11:00–1:30 PM Adult Swim Exercise Lanes	12:30 PM–Close Open	
11:00–1:30 PM Adult Swim Exercise Lanes	10:00–1:30 PM Adult Swim Exercise Lanes	1:30–3:30 PM Open	11:00–1:30 PM Adult Swim Exercise Lanes	1:30 PM–Close Open		
1:30–3:30 PM Open	1:30–3:30 PM Open	3:30–7:15 PM Programs Exercise Lanes	1:30–3:30 PM Open			
3:30–7:15 PM Programs Exercise Lanes	3:30–7:15 PM Programs Exercise Lanes	7:15 PM–Close Open	3:30–7:15 PM Programs Exercise Lanes			
7:15 PM–Close Open	7:15 PM–Close Open		7:15 PM–Close Open			

ADULT EXERCISE 6 lanes in the big pool will be available during this time for age 18 and up, for any form of exercise (Lap Swimming, Water Walking, Aqua Jogging, Biking, etc.).

EXERCISE LANES A minimum of 2 or 3 lanes in the big pool will be available during this time for any age, for any form of exercise (Lap Swimming, Water Walking, Aqua Jogging, Biking, etc.).

Small Pool - SPRING/SUMMER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00-8:00 AM Adult Swim	5:00-9:45 AM Adult Swim	5:00-8:00 AM Adult Swim	5:00-8:00 AM Adult Swim	5:00-8:00 AM Adult Swim	6:00-9:00 AM Adult Swim	9:00-11:00 AM Adult Swim
8:00-9:00 AM Programs	9:45-10:30 AM Programs	8:00-9:00 AM Programs	8:00-9:00 AM Programs	8:00-9:00 AM Programs	9:00-11:30 PM Programs	11:00 AM-Close Open
9:00-11:00 AM Preschool/ Programs	10:30-11:15 AM Preschool/ Programs	9:00-9:45 AM Adult Swim	9:00-10:30 AM Preschool/ Adult Swim	9:00-10:00 AM Adult Swim	11:30 AM-Close Open	
11:00-12:00 PM Programs	11:15-1:30 PM Adult Swim	9:45-11:00 AM Preschool	10:30-12:00 PM Programs	10:00-11:00 AM Preschool Adult Swim	<p style="text-align: center;">PROGRAMS</p> <p>Adults are allowed in the small pool during programs but we ask that you allow for adequate space during all programs. The program has priority over the pool. If there are no programs due to a break in the schedule, program time may be used as OPEN time.</p> <p style="text-align: center;">OPEN</p> <p>3 lanes and the entire small pool will be available during this time for anyone. Please note a parent or adult member must accompany all youth members under the age 8 during OPEN times.</p> <p style="text-align: center;">PRESCHOOL/ADULT SWIM</p> <p>The Y's Preschool programs will use up to half of the small pool. A lane divider will separate the pool in half.</p>	
12:00-1:30 PM Adult Swim	1:30-2:15 PM Programs	11:00-12:00 PM Programs	12:00-1:00 PM Adult Swim	11:00-1:00 PM Programs		
1:30-3:30 PM Open	2:15-3:30 PM Open	12:00-1:30 PM Adult Swim	1:00-1:45 PM Programs	1:00 PM-Close Open		
3:30-7:15 PM Programs	3:30-7:15 PM Programs	1:30-2:45 PM Preschool Open	1:45-3:30 PM Open			
7:15 PM-Close Open	7:15 PM-Close Open	2:45-3:30 PM Open	3:30-7:15 PM Programs			
		3:30-7:15 PM Programs	7:15 PM-Close Open			
		7:15 PM-Close Open				