



eliminating racism
empowering women
ywca

FOR IMMEDIATE RELEASE

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DUBUQUE COMMUNITY YMCA/YWCA TO BUILD NEW STATE-OF-THE-ART FACILITY ON EXISTING YMCA/YWCA SITE

[Dubuque, Iowa September 14] — The Dubuque community is about to get healthier in mind, body and spirit. After extensive research, surveys, and focus groups, the Dubuque Community YMCA/YWCA is pleased to announce that, community willing; they will be replacing their current building with a new state-of-the-art facility, on the site of their existing building (35 N. Booth Street).

Sharon Covey, Dubuque Community YMCA/YWCA's President/CEO says she is excited to bring the Y's mission to the community. "The Y is more than a place to work out — we are a place of community. Of course, members will have access to new machines, our basketball court and swimming pool, but there will be so much more. With a new facility and more space we will continue to align our programming by meeting the needs of the community. New programming will include several Y-USA evidenced-based programs including: Diabetes Prevention Program, Blood Pressure Monitoring Program, Enhanced Fitness (arthritis management), and LiveStrong Program for cancer survivors. We will continue to offer and grow our Reach & Rise® Mentoring and Group Mentoring programs, Restorative Strategies program, Victim Services Shelter, and Camp."

The Dubuque Community YMCA/YWCA will continue to update the community as they enter the various stages of building the new facility. Please visit MyFutureY.org for additional information.

If you have further questions about specific details, we ask that you contact Abigail Degenhardt, Director of Marketing & Fund Development by emailing adegenhardt@dubuquey.org or by calling 563.556.3371.

About the Y: The Dubuque Community YMCA/YWCA serves 15,000 individuals annually in membership and programs with 12 childcare sites located throughout Dubuque and surrounding areas. The Y offers health and wellness activities and programs that include youth sports, school-age and pre-school child care, summer day camp, aquatics, Zipline and classes for all ages. The Dubuque Community YMCA/YWCA is a leading nonprofit strengthening our community through youth development, healthy living, social responsibility, eliminating racism, and empowering women.

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