



FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

eliminating racism
empowering women
ywca

FACILITY SCHEDULE

DUBUQUE COMMUNITY YMCA/YWCA

Gym - East

| | | | | | | |
|----------------------------------|----------------------------------|----------------------------------|----------------------------------|----------------------------------|---|-----------------------|
| 5:00-7:00 AM Adult Basketball | 5:00-7:00 AM Adult Basketball | 5:00-7:00 AM Adult Basketball | 5:00-7:00 AM Adult Basketball | 5:00-7:00 AM Adult Basketball | 6:00-7:30 AM Open | 9:00 AM-Close Open |
| 7:00-5:00 PM Open | 7:00-4:30 PM Open | 7:00-5:00 PM Open | 7:00-4:30 PM Open | 7:00-Close Open | 7:30-11:45AM Youth Programs | |
| 5:00-7:30 PM Youth Programs | 4:30-7:30 PM Adult Basketball | 5:00-7:30 PM Programs | 4:30-7:30 PM Adult Basketball | | 11:45-2:30 PM High School/ Adult Basketball | |
| 7:30 PM-Close Open | 7:30 PM-Close Open | 7:30 PM-Close Open | 7:30 PM-Close Open | | 2:30 PM-Close Open | |

Gym - West

| | | | | | | |
|--------------------------------|----------------------------------|--------------------------------|----------------------------------|-----------------------------|---|-----------------------|
| 5:00-7:00 AM Adult | 5:00-7:00 AM Adult | 5:00-7:00 AM Adult | 5:00-7:00 AM Adult | 5:00-7:00 AM Adult | 6:00-8:00 AM Open | 9:00 AM-Close Open |
| 7:00-5:00 PM Child Care | 7:00-4:30 PM Child Care | 7:00-5:00 PM Child Care | 7:00-4:30 PM Child Care | 7:00 AM-Close Child Care | 8:00-11:45AM Youth Programs | |
| 5:00-7:30 PM Youth Programs | 4:30-7:30 PM Adult Basketball | 5:00-7:30 PM Youth Programs | 4:00-7:30 PM Adult Basketball | | 11:45-2:30 PM High School/ Adult Basketball | |
| 7:30 PM-Close Open | 7:30 PM-Close Open | 7:30 PM-Close Open | 7:30 PM-Close Open | | 2:30 PM-Close Open | |

Gym availability subject to change due to weather/other circumstances.
Dubuque Y Programs will have priority over gym space.

Visit Our Website at
www.DubuqueY.org

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BUILDING HOURS

WINTER
(Labor Day -
Memorial Day)

Monday - Friday
5:00 AM - 10:00 PM

Saturday
6:00 AM - 6:00 PM

Sunday
9:00 AM - 5:00 PM

*Pool closes 15 min. prior to closing time.

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DUBUQUE COMMUNITY YMCA/YWCA

35 North Booth Street

Dubuque, Iowa 52001

P 563.556.3371

Large Pool

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|---|---|---|---|-----------------------------|
| 5:00-7:45 AM Adult Swim | 5:00-8:30 AM Adult Swim | 5:00-8:00 AM Adult Swim | 5:00-8:30 AM Adult Swim | 5:00-8:00 AM Adult Swim | 6:00-8:15 AM Adult Swim | 9:00-11:00 AM Adult Swim |
| 7:45-9:30 AM Programs Exercise Lanes | 8:00-9:30 AM Adult Swim Exercise Lanes | 8:00-11:00 AM Programs Exercise Lanes | 8:30-9:30 AM Programs Exercise Lanes | 8:00-11:00 AM Programs Exercise Lanes | 8:15-12:30 PM Programs Exercise Lanes | 11:00 AM-Close Open |
| 9:30-11:00 AM Programs Exercise Lanes | 9:30-10:00 AM Programs Exercise Lanes | 11:00-1:30 PM Adult Swim Exercise Lanes | 9:30-11:00 AM Programs Exercise Lanes | 11:00-1:30 PM Adult Swim Exercise Lanes | 12:30 PM-Close Open | |
| 11:00-1:30 PM Adult Swim Exercise Lanes | 10:00-1:30 PM Adult Swim Exercise Lanes | 1:30-3:30 PM Open | 11:00-1:30 PM Adult Swim Exercise Lanes | 1:30 PM-Close Open | | |
| 1:30-3:30 PM Open | 1:30-3:30 PM Open | 3:30-7:15 PM Programs Exercise Lanes | 1:30-3:30 PM Open | | | |
| 3:30-7:15 PM Programs Exercise Lanes | 3:30-7:15 PM Programs Exercise Lanes | 7:15 PM-Close Open | 3:30-7:15 PM Programs Exercise Lanes | | | |
| 7:15 PM-9:00 PM Program | 7:15 PM-9:00 PM Program | | 7:15 PM-9:00 PM Program | | | |
| 9:00 PM-Close Open | 9:00 PM-Close Open | | 9:00 PM-Close Open | | | |

Small Pool

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
|---|---|-----------------------------------|---|---|---|-----------------------------|
| 5:00-8:00 AM Adult Swim | 5:00-9:45 AM Adult Swim | 5:00-8:00 AM Adult Swim | 5:00-8:00 AM Adult Swim | 5:00-8:00 AM Adult Swim | 6:00-9:00 AM Adult Swim | 9:00-11:00 AM Adult Swim |
| 8:00-9:00 AM Programs | 9:45-10:30 AM Programs | 8:00-9:00 AM Programs | 8:00-9:00 AM Programs | 8:00-9:00 AM Programs | 9:00-11:30 PM Programs | 11:00 AM-Close Open |
| 9:00-11:00 AM Preschool/ Programs | 10:30-11:15 AM Preschool | 9:00-9:45 AM Adult Swim | 9:00-10:30 AM Preschool/ Adult Swim | 9:00-10:00 AM Adult Swim | 11:30 AM-Close Open | |
| 11:00-12:00 PM Programs | 11:15-1:30 PM Adult Swim/ Program | 9:45-11:00 AM Preschool | 10:30-12:00 PM Programs | 10:00-11:00 AM Preschool Adult Swim | | |
| 12:00-1:30 PM Adult Swim | 1:30-2:15 PM Open | 11:00-12:00 PM Programs | 12:00-1:00 PM Adult Swim | 11:00-1:00 PM Programs | | |
| 1:30-3:30 PM Open | 2:15-3:30 PM Open | 12:00-1:30 PM Adult Swim | 1:00-1:45 PM Programs | 1:00 PM-Close Open | | |
| 3:30-7:15 PM Programs | 3:30-7:15 PM Programs | 1:30-2:45 PM Preschool Open | 1:45-3:30 PM Open | | <p>ADULT EXERCISE 6 lanes in the big pool will be available during this time for age 18 and up, for any form of exercise (Lap Swimming, Water Walking, Aqua Jogging, Biking, etc.).</p> <p>EXERCISE LANES A minimum of 2 or 3 lanes in the big pool will be available during this time for any age, for any form of exercise (Lap Swimming, Water Walking, Aqua Jogging, Biking, etc.).</p> | |
| 7:15 PM-Close Open | 7:15 PM-Close Open | 2:45-3:30 PM Open | 3:30-7:15 PM Programs | | | |
| | | 3:30-7:15 PM Programs | 7:15 PM-Close Open | | | |
| | | 7:15 PM-Close Open | | | | |