

eliminating racism empowering women

## JOIN TODAY!

# \$0

### Joining Fee

We're passionate about helping everyone pursue a healthy lifestyle in spirit, mind and body. \*Pay no joining fee when you register by January 31, 2019.

### WHY MEMBERSHIP MATTERS

Membership is a cause driven program that delivers a strong sense of relationships, achievement and belonging.

#### **OUR MEMBERSHIP BENEFITS**

Child Watch (Babysitting) While You Use Our Facility

**Nationwide YMCA Privileges** 

A Friendly, Caring Staff to Help You at Any Time

Open Gym

Pick-Up Basketball

Open Swim

Water Walking/Lap Swimming

Exercise Classes, In and Out of the Pool

**Whirlpool** 

Saunas

**Racquetball Courts** 

**Fitness Center** 

Free Weights

**Discounts in Programs** 

or

3-Month Membership Special

**Single Adult** 

\$150

**Older Adult** 

\$130

**Young Adult** 

\$120

Family \$210

**Single Adult Family** 

\$175

DUBUQUE COMMUNITY YMCA/YWCA

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