



Keeping You Informed and Connected

Y-Care Students
I MISS YOU THE MOST...
I MISS MY KENNEDY STUDENTS
AND ALL THE FUN WE HAVE!
YOU ALL COULD MAKE ME SMILE
STAY SAFE! HOPE TO SEE YOU SOON!
♡ Ms. Shelley

Y-Care Students
I Miss...
*Everybody's 4 Revenge
*Stress
*Garbage
*Hearing about your day
*Your Laughs
*Your Jokes
*Smiling
*Gym time
*Watching you make new friends
*Your hugs
*My Y-Care Staff
Wash your hands + stay safe

I miss our members!
Really miss all the smiling faces
the little conversations
we use to have
Can't wait to see you

I MISS ALL OF THE FUN
WE HAD AT TM Y-CARE!
EACH OF YOU COULD ALWAYS
MAKE ME LAUGH AND PUT
A SMILE ON MY FACE! 😊

I Miss all my
students in 9am-8:30
spin class! I miss
All the ladies in the locker
room! I miss starting my
day @ The DBO YWCA!!

I miss seeing
all the friendly
smiles and
Hello's

I missed getting splashed

DR. DOUG

I miss...
you're smile
when you come
through the door

WE MISS YOU!

the **YWCA**
FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

eliminating racism
empowering women
ywca

#StayWithUS

There is not a day that goes by that we do not wish we could be welcoming you, laughing with you, and seeing you continue to reach your goals. There is no doubt that COVID-19 has made a lasting impact on each one of our lives and we anxiously await a time where things feel a bit more normal.



Our mission is to create healthy spirit, mind, and body for all. Although COVID-19 has made this more challenging, our staff has been working diligently to continue providing essential services and living our mission during this time. Three ways we have been able to do this is through our Victim Services Shelter and providing childcare to essential and emergency personnel, and sharing virtual wellness options.

During COVID-19 we have:

- Provided 294 nights of safety to women and children at our Victim Services Shelter.
- 1,170 meals made available to the women and children at the shelter.
- Had 60 one on one meetings to assist women in creating a plan and obtaining resources to move forward.
- Assisted 1 woman who moved to permanent housing.
- Answered 10 hotline calls from community members about domestic violence.
- Provided over 1,600 hours of childcare to 10 children at our Finley location.
- Called parents to do wellness checks on our childcare children who are home with parents.

MEMBER INFORMATION

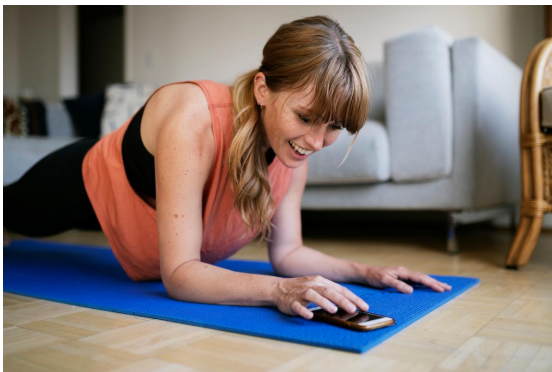
From the bottom of our hearts, our staff would like to say thank you to each and every one of you for your patience and understanding as we have continued to navigate this unexpected and challenging time. We apologize in the delay of this communication, however, we were waiting to hear Governor Reynolds announcements today (Monday, April 27). Ensuring our members stay healthy in spirit, mind, and body is essential to us. We know that though we are all going through the same storm, we are all in a different boat and have been effected differently by COVID-19. Your membership is always important to us, but right now it is critical. When you join the Y, you not only join a fitness facility, but you join a cause driven organization that works to impact the community in positive ways through childcare, our domestic violence shelter, youth programs, chronic disease programs, and so much more. You matter and your membership matters, now and always as we continue to serve the community.



We know that some may be experiencing additional financial stress at this time and some have inquired about their membership, what options they have, Y programs, and our plans moving forward. For any and all membership questions, please visit our new COVID-19 Membership Information page on our website.

[COVID-19 Membership Information](#)

VIRTUAL WELLNESS



Early last week, our team put together an email with all the virtual resources that we have been encouraging the community to use to stay fit while at home. This email received great response, and we wanted to make sure everyone had easy access to these resources therefore we created a page on our website that will continue to be updated as new resources are added. Check out our new Virtual Wellness page!

[NEW Virtual Wellness Page](#)

COMING SOON – Connecting Beyond the Walls of the Y

In addition, based on survey results, we are excited to announce a new Facebook group that we will be starting in the coming weeks. This page will be open to the community and allow everyone to share workouts, ways to stay motivated, recipes, ask questions, celebrating achieved goals, and stay connected. We would love for you to join us on this new journey of staying connected beyond the walls of our facility. For more information, please watch for an email that will come out specifically about this group in the weeks to come, we look forward to sharing with you in this new way!

Join us on social media!

