

Hello! First, thank you for your support and staying with us during these uncertain times. Your cause-driven membership has fueled a remarkable effort to help our most vulnerable friends. This would not have been possible without your commitment to making a difference at a time where life got more challenging for each one of us. Yet, you did not forget the under-resourced. Amid crisis, almost 4,500 of us made a choice to help, to serve, to love.

On Wednesday, May 7, Governor Reynolds signed a proclamation that would allow gyms to allow ONE person in at a time on an APPOINTMENT basis. Unfortunately, this does not align with the programs and services we offer, therefore we continue to await the Governor's green light to re-open our buildings. I wanted to brief you on how we're getting ready to welcome you back. First, your safety is our top priority and we have thoroughly cleaned and disinfected our facilities. We plan on opening in phases (not all of our programs and services at once) as we reinstate and train our team to maintain the highest safety and cleanliness standards. We will continue a rigorous cleaning schedule every day, we added sanitation stations, as well as added towels and sanitation bottles in the wellness center and weight room. We will be asking that all members do their part to help maintain the highest safety and cleanliness standards by wiping down the equipment they use, before and after use.

We expect restrictions as to the number of members allowed in the building at a given time so, we will provide guidance to you once we get details. We will have social distancing measures throughout the facility, such as ensuring a six-foot spacing around equipment and workout stations. Until we are in the COVID-19 clear, we will recommend all members and staff make the best decision that is right for them when considering wearing a face mask and everyone entering the facility will be asked a series of questions that will help us ensure we are keeping everyone in our facility safe such as "have you had contact with an individual who has tested positive for COVID-19 within the past 14 days?".

Initially, we will ask that everyone shower at home as locker rooms will not be open initially. If allowed, we will open our pools, but saunas and the whirlpool will likely not open right away. Social distancing will prevent activities like basketball, for now. We assure you that over the course of our phased opening more programs and services will become available.

As we finalize plans for re-opening with social distancing updates, please enjoy our virtual workouts on social media. Also, look for the live workouts, kid and family friendly activities, spiritual moments, and interactive opportunities each day on our Facebook page. Hundreds of members have logged views as they continue their journey to achieve goals, connect with friends, and find a real sense of belonging. Visit our <a href="website">website</a> and <a href="Facebook">Facebook</a> <a href="pages">pages</a> for the latest re-opening news.

For those who have lost their jobs as a result of the pandemic, we are also expanding our scholarship options to ensure that our friends can continue their efforts to stay healthy in spirit, mind, and body (let us know if you know someone who needs help).

We look forward to seeing you again very soon. We miss you. We will get through this together and we will be stronger. The Y is so much more than a swim and gym. We are a

movement of cause-driven members that respond when others need help.

Stay healthy,

Tony Calabrese Dubuque Community YMCA/YWCA President/CEO

**Dubuque Community YMCA/YWCA** | Website





