



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

eliminating racism
empowering women
ywca



KEEPING YOU CONNECTED AND INFORMED

REOPENING UPDATE

Good Afternoon Valued Dubuque Y Program participants!
Welcome back to swimming lessons! We hope this email finds you and your family healthy and active. Summer is upon us and we have been blessed with some beautiful weather other the past week. At the Dubuque Y, it has been our top priority to re-open our facility safely and responsibly using guidance from the Governor, CDC, and Iowa Department of Public Health. We have loved seeing our members around the facility and cannot wait to enter into phase two of our re-opening after learning last week that we could reopen pools and start swimming lessons.

On 5/20/2020 Governor Reynolds announced that we could open our pool for lap swim and swimming lessons only (please see full proclamation below for details). After this announcement, our leadership team started working hard to bring back our aquatics staff which would allow us to open the pool and start swimming lessons. **We are thrilled to announce the start of summer session 1 swimming lessons the week of June 8.**

We will be hosting two sessions each four weeks long meeting two times a week, and we are offering one session for eight weeks that will meet on Saturday mornings. Registration for lessons is open to all, members and nonmembers. Levels and times for summer session 1 are as follows:

Level	Time	Days of the Week
Parent and Tot	5:50pm	Monday and Wednesday
	8:30am	Saturday
Level 1: Water Acclimation	3:50pm	Monday and Wednesday
	4:50pm	Monday and Wednesday
	3:50pm	Tuesday and Thursday
	8:30am	Saturday (8 weeks)
Level 2: Water Movement	3:50pm	Monday and Wednesday
	4:50pm	Tuesday and Thursday
	5:50pm	Tuesday and Thursday
	10:30am	Saturday (8 weeks)
Level 3: Water Stamina	4:50pm	Monday and Wednesday
	5:50pm	Tuesday and Thursday
	9:30pm	Saturday (8 weeks)
Level 4: Stroke Introduction	3:50pm	Tuesday and Thursday
Level 5: Stroke Development	5:50pm	Monday and Wednesday
Level 6: Stroke Mechanics	4:50pm	Tuesday and Thursday

As mentioned above, the health and safety of our members, program participants, and staff is our number one priority. As we continue to re-open

and begin swimming lessons again, please note a few changes that have been made to swimming lessons that will help us do our part to slow the spread of COVID-19.

- Children will be spaced further apart on the wall while swimming lessons take place.
- There is additional time between lessons to have more time and space for changing as well as time to clean equipment.
- We ask that if you arrive early to lessons that you wait on the large pool side of the pool area to decrease congestion between lessons.
- If your child who is taking lessons or anyone in your family has any signs or symptoms of COVID-19 (tight chest, cough, fever over 100.4 or others) OR if you know that you may have been exposed to someone who may have had COVID-19 that you do not attend lessons for 14 days. We advise if this is true that you call your doctor to discuss further steps.
- The only locker room that is currently open is the family locker rooms. We highly recommend that your child comes changed and ready for the lesson.

We look forward to continuing to build strong swimmers and confident kids. To register please visit: <https://dubuque.org/youth-development/online-registration/>. Thank you for your patience and understanding as we slowly reopen and work to ensure the health, safety and wellbeing of everyone who enters the doors of our Dubuque Community Y. If you have any additional questions, please call 563-556-3371 or email bloeffelholz@dubuque.org.

Proclamation As written by Governor Reynolds regarding pool usage.

"A swimming pool, as defined in Iowa Code § 135I.1 may reopen for the limited purpose of lap swimming and conducting swimming lessons, but only to the extent that the establishment operating the pool takes reasonable measures under the circumstances of each establishment to ensure social distancing of employees and patrons, increased hygiene practices, and other public health measures to reduce the risk of transmission of COVID-19 consistent with Guidance issued by the Iowa Department of Public Health. Except for these limited purposes, all swimming pools and spas, wading pools, water slides, wave pools, spray pads, and bath houses, as defined in Iowa Code § 135I.1, shall continue to be closed."

Stay healthy,

Tony Calabrese
Dubuque Community YMCA/YWCA
President/CEO

The Dubuque Community Y has been serving the Dubuque community since 1866 in a Caring, Honest, Respectful and Responsible Manner. As we reopen our doors to the community, we CARE about our Members and Staffs safety. We will be HONEST with you about the decisions we make in cooperation with Federal, State and Local Leaders, other YMCAs in Iowa and the YMCA of the USA. We RESPECT your decisions as to how you want to continue to engage with your YMCA and your Community. And we will be RESPONSIBLE in our delivery of programs and services for the health of your Spirit, Mind and Body.

Dubuque Community YMCA/YWCA
| [Website](#)

