



FOR YOUTH DEVELOPMENT*
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

eliminating racism
empowering women
ywca

Large Pool Schedule

Effective *10/26/2020

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-6:00pm Lap Swim	5:00am-6:00pm Lap Swim	5:00am-7:00pm Lap Swim	5:00am-6:00pm Lap Swim	5:00am-6:45pm Lap Swim	7:00am-3:45pm Lap Swim	
8:30-9:15am Water Aero. Tracy	8:30-9:15am Deep Water Aero. Linda	8:30-9:15am Water Aero. Tracy	8:30-9:15am Deep Water Aero. Linda	8:30-9:15am Water Aero. Tracy	8:30-9:15am Water Bootcamp Michelle	8:00am-1:45p Lap Swim
1:00-1:45pm Swim Lessons	1:00-1:45pm Swim Lessons	1:00-1:45pm Swim Lessons	1:00-1:45pm Swim Lessons			
3:30pm-6:00pm Swim Lessons	3:30pm-6:00pm Swim Lessons	3:30pm-6:00pm Swim Lessons	3:30pm-6:00pm Swim Lessons			
5:30-6:15pm Water Bootcamp Michelle (LP)	6:00-9:00pm Swim Team	Lap Swim	6:00-9:00pm Swim Team			
6:00-9:00pm Swim Team		6:00-6:45pm Water Bootcamp Michelle (LP)				
		7:00-9:00pm Swim Team				



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Small Pool Schedule

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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00am Water Aerobics Claire	8:00am-11:00pm Water Walking	8:00am-9:00am Water Aerobics Claire	8:00am-11:00pm Water Walking	8:00am-11:00am Water Walking	8:30-11:30am Swim Lessons	8:00am-1:45pm Water Walking
9:00am-11:00pm Water Walking		9:00am-11:00am Water Walking				
11:00-12:00pm Water Aerobics Cathy	11:00-12:00pm Water Aerobics Cathy	11:00-12:00pm Aqua Toning Cathy	11:00-12:00pm Water Aerobics Cathy	11:00-12:00pm Aqua Toning Cathy	11:30am-3:45pm Water Walking	
12:00-12:45pm Swim Lessons	12:00-12:45pm Swim Lessons	12:00-12:45pm Swim Lessons	12:00-12:45pm Swim Lessons	12:00-1:00pm Water Walking		
3:45-6:45pm Swim Lessons	3:45-6:45pm Swim Lessons	3:45-6:45pm Swim Lessons	3:45-6:45pm Swim Lessons			