



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

eliminating racism
empowering women
ywca

Large Pool Schedule

Effective *04/5/2021

There is always 3 lap lanes open

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am-2:00pm Lap Swim	5:00am-2:00pm Lap Swim	5:00am-8:45pm Lap Swim	5:00am-2:00pm Lap Swim	5:00am-5:45pm Lap Swim	6:00am-3:45pm Lap Swim	
8:30-9:15am Water Aero. Tracy	8:30-9:15am Deep Water Aero. Linda	8:30-9:15am Water Aero. Tracy	8:30-9:15am Deep Water Aero. Linda	8:30-9:15am Water Aero. Tracy	8:30-9:15am Water Bootcamp Michelle	8:00a-1:45p Lap Swim
	9:30-11:30am 2 Lap Lane Rental		9:30-11:30am 2 Lap Lane Rental			
3:30pm-6:00pm Swim Lessons	3:30pm-6:00pm Swim Lessons	3:30pm-6:30pm Swim Lessons	3:30pm-6:30pm Swim Lessons			
5:30-6:15pm Water Bootcamp Michelle (LP)	6:00-8:45 PM Lap Swim	5:30-6:15pm Water Bootcamp Michelle (LP)	6:00-8:45 PM Lap Swim			
6:00-8:45 PM Lap Swim		5:00am-8:45PM Lap Swim				



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Small Pool Schedule

Effective *4/5/2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:00am-9:00am Water Aerobics Claire	8:00am-1:00pm Water Walking	8:00am-9:00am Water Aerobics Claire	8:00am-1:00pm Water Walking	8:00am-11:00am Water Walking	6:00am-8:30am Water Walking	8:00am-1:45pm Water Walking
9:00am-11:00am Water Walking		9:00am-11:00am Water Walking			8:30-12:30pm Swim Lessons	
11:00-12:00pm Water Aerobics Cathy	11:00-12:00pm Water Aerobics Cathy	11:00-12:00pm Aqua Toning Cathy	11:00-12:00pm Water Aerobics Cathy	11:00-12:00pm Aqua Toning Cathy	12:30am-3:45pm Water Walking	
12:00pm-4:00pm Water Walking	12:00pm-4:00pm Water Walking	12:00pm-4:00pm Water Walking	12:00pm-4:00pm Water Walking	12:00pm-6:45pm Water Walking		
4:00pm-7:00 pm Swim Lessons	4:00pm-7:00 pm Swim Lessons	4:00pm-7:00 pm Swim Lessons	4:00pm-7:00 pm Swim Lessons			
7:00pm-8:45pm Water Walking	7:00pm-8:45pm Water Walking	7:00pm-8:45pm Water Walking	7:00pm-8:45pm Water Walking			