



eliminating racism
empowering women
ywca

Large Pool Schedule

Effective January 2022

***There are always 3 lap lanes open & 30 minutes per lap lane**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00a-2:00p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-2:00p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-2:00p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-2:00p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-2:00p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	6:00a-10:00a Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	
<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 8:30a-9:15a Water Aerobics Tracy </div>	<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 8:30a-9:15a Water Aerobics Tracy </div> <div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 9:15a-9:50a Water Bike Linda </div>	<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 8:30a-9:15a Water Aerobics Tracy </div>	<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 8:30a-9:15a Water Aerobics Tracy </div> <div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 9:15a-9:50a Water Bike Linda </div>	<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 8:30a-9:15a Water Aerobics Tracy </div>	<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 8:30a-9:15a Water Aerobics Tracy </div>	8:00a-11:00a Lap Swim
					<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 10:00a-3:45p Open Swim </div>	<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 11:00a-3:45p Open Swim </div>
<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 2:00p-4:00p Open Swim </div>	<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 2:00p-4:00p Open Swim </div>	<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 2:00p-4:00p Open Swim </div>	<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 2:00p-4:00p Open Swim </div>	<div style="border: 1px solid black; background-color: #e8f5e9; padding: 5px;"> 2:00p-6:45p Open Swim </div>		
4:00p-6:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.	4:00p-6:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.	4:00p-6:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.	4:00p-6:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.			
<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 5:15p-6:00p Water Bootcamp Michelle </div>		<div style="border: 1px solid black; background-color: #e1f5fe; padding: 5px;"> 5:15p-6:00p Water Bootcamp Michelle </div>				
6:00p-9:00p RESERVED - SWIM TEAM Closed to other members	6:00p-9:00p RESERVED - SWIM TEAM Closed to other members	7:00p-9:00p RESERVED - SWIM TEAM Closed to other members	6:00p-9:00p RESERVED - SWIM TEAM Closed to other members			



eliminating racism
empowering women
ywca

Small Pool Schedule

Effective January 2022

*There are always 3 lap lanes open & 30 minutes per lap lane

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					6:00a-8:30a Water Walking	
8:00a-9:00a Water Aerobics Teresa	8:00a-11:00a Water Walking	8:00a-9:00a Water Aerobics Teresa	8:00a-11:00a Water Walking	8:00a-9:00a Water Aerobics Teresa	8:00a-12:00p Swim Lessons (Small Pool Closed to other Y Members during lessons)	8:00a-11:00a Water Walking
9:00a-11:00a Water Walking		9:00a-11:00a Water Walking		9:00a-11:00a Water Walking		
11:00-12:00p Water Aerobics Cathy	11:00-12:00p Water Aerobics Cathy	11:00-12:00p Water Aerobics Cathy	11:00-12:00p Water Aerobics Cathy	11:00-12:00p Water Aerobics Cathy		11:00a-3:45p Open Swim
12:00p-2:00p Water Walking	12:00p-2:00p Water Walking	12:00p-2:00p Water Walking	12:00p-2:00p Water Walking	12:00p-2:00p Water Walking	12:30p-3:45p Open Swim	
2:00p-4:00p Open Swim	2:00p-4:00p Open Swim	2:00p-4:00p Open Swim	2:00p-4:00p Open Swim	2:00p-6:45p Open Swim		
4:00p-7:00p Swim Lessons (Small Pool Closed to other Y Members during lessons)	4:00p-7:00p Swim Lessons (Small Pool Closed to other Y Members during lessons)	4:00p-7:00p Swim Lessons (Small Pool Closed to other Y Members during lessons)	4:00p-7:00p Swim Lessons (Small Pool Closed to other Y Members during lessons)			
7:00p-8:45p Open Swim	7:00p-8:45p Open Swim	7:00p-8:45p Open Swim	7:00p-8:45p Open Swim			