



Large Pool Schedule

Effective July 2024

The Pools will be closing at 5PM on Wednesday, July 3. We are open from 7AM – Noon on Thursday, July 4 in honor of the national holiday.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00a-8:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-8:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-8:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-8:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	5:00a-6:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	6:00a-3:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.	
8:30a-9:15a Water Aerobics Kim	8:30a-9:15a Water Aerobics Linda	8:30a-9:15a Water Aerobics Kim	8:30a-9:15a Water Aerobics Linda	8:30a-9:15a Water Aerobics Kim	8:15-9a Water Bootcamp Michelle (closed to water walkers during this time)	8:00a-1:45p Lap Swim There are always 3 lap lanes open & 30 minutes per lap lane.
9:15-10a Low-Level Water Aerobics Chris	9:15-9:50a Water Bike Linda	9:15-10a Low-Level Water Aerobics Chris	9:15-9:50a Water Bike Linda	9:15-10a Low-Level Water Aerobics Chris		
10:00-11:30a Summer Swim Camp (3 lanes reserved)	10-11a Summer Swim Camp (3 lanes reserved)	10:00-11:30a Summer Swim Camp (3 lanes reserved)	10-11a Summer Swim Camp (3 lanes reserved)			
4:00p-7:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.	4:00p-7:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.	4:00p-7:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.	4:00p-7:00p Swim Lessons There are always 3 lap lanes open & 30 minutes per lap lane.			
5:30-6:15p Water Bootcamp Michelle (closed to water walkers during this time)		5:30-6:15p Water Bootcamp Michelle (closed to water walkers during this time)				
7:00p-8:45p Lap Swim	7:00p-8:45p Lap Swim	7:00p-8:45p Lap Swim	7:00p-8:45p Lap Swim			



Small Pool Schedule

Effective July 2024

*****The Pools will be closing at 5PM on Wednesday, July 3. We are open from 7AM – Noon on Thursday, July 4 in honor of the national holiday.*****

*****Swimming lessons will be held in the small pool from Monday, 7/15 through Thursday, 7/25 from 12:00pm – 2:00pm.*****

*****Our child care program will be using the small pool EXCLUSIVELY Monday, 7/1 through Tuesday, 7/9 from 1:00pm – 2:00pm.*****

Monday	Tuesday	Wednesday		Thursday	Friday		Saturday	Sunday
8:00-9:00am Water Aerobics Teresa	8:00-10:30am Water Walking	8:00-9:00am Water Aerobics Teresa		8:00-10:30am Water Walking	8:00-9:00am Water Aerobics Teresa		8:00-8:30am Open Swim	8:00-10:30am Water Walking
9:00-11:00am Water Walking/PT	10:30- 11am Dotty Ball	9:00-11:00am Water Walking	10:30-11am Dotty Ball	10:30- 11am Dotty Ball	9:00-11:00am Water Walking	10:30-11am Dotty Ball	8:30am-12:00pm Swim Lessons (Pool closed to non-swim lesson participants)	
11:00am-12:00pm Water Aerobics Cathy	11:00am-12:00pm Water Aerobics Cathy	11:00am-12:00pm Water Aerobics Cathy		11:00am-12:00pm Water Aerobics Cathy	11:00am-12:00pm Water Aerobics Cathy			
12:00-1:00pm Water Walking	12:00-1:00pm Water Walking	12:00-2:00pm Water Walking		12:00-2:00pm Water Walking	12:00-2:30pm Water Walking/Physical Therapy			11:00am-1:45pm POOL CLOSED
1:00-2:00pm Child Care Swim (pool closed to other members/groups)	1:00-2:00pm Child Care Swim (pool closed to other members/groups)	2:00-4:00pm Open Swim		2:00-4:00pm Open Swim	2:30-5:00pm Open Swim		12:00-1:00pm Open Swim	
2:00-4:00pm Open Swim	2:00-4:00pm Open Swim						1:00-3:45pm POOL CLOSED	
4:00-7:00pm Swim Lessons (Pool closed to non-swim lesson participants)	4:00-7:00pm Swim Lessons (Pool closed to non-swim lesson participants)	4:00-7:00pm Swim Lessons (Pool closed to non-swim lesson participants)		4:00-7:00pm Swim Lessons (Pool closed to non-swim lesson participants)	5:00-6:45pm Family Swim			
7:00-9:00pm POOL CLOSED	7:00-8:45pm Open Swim	7:00-9:00pm POOL CLOSED		7:00-8:45pm Open Swim				

Open Swim -The pool is open to all ages for recreational swimming (not intended for water walking)

Family Swim – The pool is open to parents with their children.

Dotty Ball – A fun interactive game where you attempt to keep the ball from touching the water! Water walking is allowed during this time as well.