



# LARGE POOL SCHEDULE - APRIL 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM							
6:30 AM							
7:00 AM							
7:30 AM	<b>5:00AM - 8:45PM</b>	<b>5:00AM - 8:45PM</b>	<b>5:00AM - 8:45PM</b>	<b>5:00AM - 8:45PM</b>	<b>5:00AM - 7:45PM</b>	<b>6:00AM - 5:45PM</b>	<b>8:00AM - 3:45PM</b>
8:00 AM							
8:15 PM							
8:30 AM							
9:00 AM							
9:15 AM	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated
9:30 AM							
10:00 AM							
11:00 AM							
12:00 PM							
1:00 PM	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated
2:00 PM							
3:00 PM							
4:00 PM							
5:00 PM							
5:15 PM	<b>5:30-6:15pm Water Bootcamp Michelle (closed to water walkers)</b>	<b>4:00-6:45pm Swim Lessons</b>	<b>4:00-6:45pm Swim Lessons</b>	<b>4:00-6:45pm Swim Lessons</b>	<b>4:00-6:45pm Swim Lessons</b>	<b>8:15-9:00am Water Bootcamp Michelle (closed to water walkers)</b>	<b>LAP SWIM</b>  There are always 3 lap lanes open & 30 minutes per lap lane unless otherwise stated
5:45 PM							
6:00 PM							
7:00 PM							
7:45 PM							
8:00 PM							
8:45 PM							
9:00 PM							



# SMALL POOL SCHEDULE - APRIL 2025

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
5:00 AM							
6:00 AM							
7:00 AM							
8:00 AM	8:00-9:00am <b>Warm Water Aerobics</b> with Teresa	8:00-10:30am <b>Water Walking</b>	8:00-9:00am <b>Warm Water Aerobics</b> with Teresa	8:00-10:30am <b>Water Walking</b>	8:00-9:00am <b>Warm Water Aerobics</b> with Teresa	8:00-8:30am <b>Open Swim</b>	8:00-10:30am <b>Water Walking</b>
8:15 PM						8:30-9:00am <b>Swim Lessons</b> (Pool closed to non-swim lesson participants)	
8:30 AM	9:00-11:00am <b>Water Walking &amp; Physical Therapy</b>	10:30-11:00am <b>Dotty Ball</b>	9:00-11:00am <b>Water Walking</b>	10:30-11:00am <b>Dotty Ball</b>	9:00-11:00am <b>Water Walking</b>	9:00am-5:45pm <b>Open Swim</b>	10:30am-3:45pm <b>Open Swim</b>
9:00 AM							
9:15 AM							
9:30 AM							
10:00 AM							
10:15 AM							
10:30 AM							
10:45 AM							
11:00 AM	11:00am-12:00pm <b>Water Aerobics</b> with Cathy	11:00am-12:00pm <b>Aqua Toning</b> Cathy	11:00am-12:00pm <b>Water Aerobics</b> with Cathy	11:00am-12:00pm <b>Aqua Toning</b> Cathy	11:00am-12:00pm <b>Water Aerobics</b> with Cathy	9:00am-5:45pm <b>Open Swim</b>	10:30am-3:45pm <b>Open Swim</b>
11:30 AM							
11:45 AM							
12:00 PM	12:00-1:00pm <b>Water Walking</b>	12:00-1:00pm <b>Water Walking</b>	12:00-1:00pm <b>Water Walking</b>	12:00-1:00pm <b>Water Walking</b>	12:00-2:30pm <b>Water Walking &amp; Physical Therapy</b>	9:00am-5:45pm <b>Open Swim</b>	10:30am-3:45pm <b>Open Swim</b>
12:45 PM							
1:00 PM							
2:00 PM	1:00-4:00pm <b>Open Swim</b>	1:00-4:00pm <b>Open Swim</b>	1:00-4:00pm <b>Open Swim</b>	1:00-4:00pm <b>Open Swim</b>	2:30-7:45pm <b>Open Swim</b>	9:00am-5:45pm <b>Open Swim</b>	10:30am-3:45pm <b>Open Swim</b>
2:15 PM							
2:30 PM							
3:00 PM							
3:45 PM							
4:00 PM							
5:00 PM	4:00-7:00pm <b>Swim Lessons</b> (Pool closed to non-swim lesson participants)	4:00-7:00pm <b>Swim Lessons</b> (Pool closed to non-swim lesson participants)	4:00-7:00pm <b>Swim Lessons</b> (Pool closed to non-swim lesson participants)	4:00-7:00pm <b>Swim Lessons</b> (Pool closed to non-swim lesson participants)	2:30-7:45pm <b>Open Swim</b>	9:00am-5:45pm <b>Open Swim</b>	10:30am-3:45pm <b>Open Swim</b>
5:45 PM							
6:00 PM							
6:45 PM							
7:00 PM	7:00-8:45pm <b>Open Swim</b>	7:00-8:45pm <b>Open Swim</b>	7:00-8:45pm <b>Open Swim</b>	7:00-8:45pm <b>Open Swim</b>		9:00am-5:45pm <b>Open Swim</b>	10:30am-3:45pm <b>Open Swim</b>
7:45 PM							
8:00 PM							
8:45 PM							
9:00 PM							

**Open Swim** – The pool is open to all ages for recreational swimming (not intended for water walking)

**Dotty Ball** – A fun interactive game where you attempt to keep the ball from touching the water! Water walking is allowed during this time as well.